



FAMILY FIRST

A MOVEMENT OF LOVE AND CARE

GEMS MILLENNIUM SCHOOL, SHARJAH



We believe that education is a bridge that connects all generations and Family First fully embodies this concept as we aim to connect our families as they learn and grow together.



FAMILY FIRST IS A TRANSFORMATIVE MOVEMENT THAT SEEKS TO EMPOWER GLOBAL CHANGE THROUGH LOVE, CARE, AND SHARED STORIES, WITH A FOCUS ON STRENGTHENING FAMILY AND COMMUNITY BONDS ACROSS GENERATIONS.

The initiative actively seeks to strengthen family bonds, foster intergenerational learning, and combat issues such as loneliness, isolation, and depression. Family First will play a pivotal role in students' wellbeing and success as they reap the benefits of deeper connections and an engaged and supportive community around them.

FAMILY FIRST LAUNCH EVENT



GMS FAMILY FIRST SCHOOL CHAMPIONS AND PARENTS

MISSION AND VISION

Family First is a worldwide movement that aims to transform lives and communities by empowering global change through the enduring values of love, care, and shared stories. Building upon a solid foundation of rigorous research and peer reviewed data, we aspire to foster stronger communal bonds and promote intergenerational learning in our fight against the growing challenges of depression, loneliness and social fragmentation.

GIVING BACK

March/April Theme: Giving Back

Our overarching theme for February and March will be "Giving Back." We believe in the importance of instilling values of empathy and generosity in our students and communities.

One impactful way to instill values of empathy and generosity in students and communities is through "Giving Back" programs. These programs can take various forms, but the central idea is to create opportunities for individuals to contribute to the betterment of society. Here is an outline of the program:

- **Community Service Projects:** Organize community service projects where students and community members can volunteer their time and skills to help those in need.
- **Partnerships with Nonprofit Organizations:** Forge partnerships with local nonprofit organizations that align with the values of empathy and generosity.
- **Educational Workshops and Seminars:** Host workshops and seminars to educate students and community members about the importance of giving back and the various ways they can make a positive impact.
- **Service Learning Programs:** Integrate service learning into the curriculum by incorporating projects that allow students to apply their academic knowledge to real-world issues.
- **Peer Mentorship and Leadership Development:** Establish peer mentorship programs where older students mentor younger ones in acts of kindness and community service.
- **Recognition and Celebration:** Recognize and celebrate acts of kindness and generosity within the school and community.
- **Promoting a Culture of Giving:** Foster a culture of giving within the school and community by regularly highlighting the importance of empathy and generosity through newsletters, social media, and other communication channels.

FAMILY FIRST IN ACTION

SUGGESTION

IDEA

TIME FRAME

Giving Back Plan	Name of school Champion	February 2024- March 2024
	Staff/parent committee details	
	Student committee information	
	Ambassadors/influencers list	
	Digital screen display of Family First	
	Activities planned for the month	
	Social media plan	
	Website plan Newsletter plan Family Awards	
Partnerships with Religious Groups:	<p>Community Service Projects: Partner with religious groups on community service projects that benefit the local community. Collaborate with religious organizations - charity drives, blood donation campaigns</p> <p>GMS Family Beach Clean up Campaign</p>	March 2024- December 2024
Leveraging Student and Family Communities and Identifying Advisors and Ambassadors	Appointment of Student Champions	April 2024
Incorporating Family First Principles into Interactions and Curriculum:	Family Engagement Activity	Encouraging family first engagement from April 2024 - June 2024
	Father's Day & Mother's Day	
	Family Interviews:	
	Family Projects:	
	Family Resource Center:	
	Cultural Celebrations:	
	Family Cultural Day	
	Host family-themed art or music events where students can showcase their talents with their families.	

FAMILY FIRST IN ACTION

SUGGESTION

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TIME FRAME

Showcasing Family First Activities:	Family Newsletter:	September 2024 - December 2024
	Family Showcase Events: Organize special events or open houses where families can showcase their talents, cultural traditions, or hobbies. This could include performances, art exhibitions, cooking.	
	Family Photo Wall	
	Student-led presentations or TED Talk	
	Digital Storytelling Platforms; Encourage families to contribute multimedia content such as videos, podcasts, or written narratives to showcase their unique perspectives and experiences.	
	Family Recognition Awards-Kindness Awards	
	Family Sports Fest	
	GMS Family Carnival	
Launching Award Schemes	Volunteer of the Year: This award recognizes an individual who has demonstrated exceptional commitment and dedication to volunteering within the community. Environmental Stewardship Award: This award recognizes efforts to promote	From January 2025-March 2025
	Environmental sustainability and conservation within the community. It may honour individuals or groups who have initiated recycling programs, organized clean-up events, or advocated for environmental protection measures.	
	Youth Leadership Award	
Celebrating Family First Year Round	Family Appreciation Days	Planning into calendar for 2024-25 Family events
	Family Fitness Challenges	
	Family Volunteer Opportunities	
	Family Art and Music Showcases	
	Family Appreciation Wall	
Developing social media and Communication Plans and events	Preparation Phase: <ul style="list-style-type: none"> Form a planning committee comprised of school staff, parent volunteers, and student representatives to brainstorm ideas and coordinate the campaign. Develop a social media and communication plan outlining Social Media Engagement:	Planning in creation of calendar for 2024-2025 and beyond
	Family Art and Music Showcases	
	Family Appreciation Wall:	